

Appointment Tips for Non-English Speaking Patients

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Request an interpreter prior to your appointment and ask your health care provider to write down key points.



The interpreter will interpret everything that is said. They will bridge the communication gap between you and the care provider.



Interpreters are available for audio or video calls, so ask your health care team to book an interpreter for you.



It's okay to politely ask to be referred to another healthcare provider who can fluently speak your language.



Advocate for yourself!
If you feel you are not receiving the care you need, give feedback to the healthcare team and suggest solutions.