

Things to Bring to Your Heart Function Clinic Appointment

- ☐ All of your medications in their containers **(to each clinic visit)**
- ☐ Your list of questions to ask the health care team
- ☐ A family member or friend to help with remembering the information discussed
- ☐ Key personal information:
 - Previous illnesses and surgeries
 - Family history (especially of heart attacks, strokes or heart failure)
 - Medical conditions (like diabetes, high blood pressure, high cholesterol, previous heart attack or stroke)
- ☐ The names of other health care professionals involved in your care

